

Recommended diet for adult pet rabbits

This diet is suitable for rabbits with no existing health problems, such as acquired dental disease or urinary tract disease. No nuggets are needed unless the rabbit is thin. They are fattening. They can be used as treats instead. Muesli mixes should be avoided. They are never a good idea.

At least five different plants should be offered each day in addition to unlimited fresh grass and/or good quality hay.

Vegetables:

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| Broccoli – florets, stems, leaves | Fennel |
| Brussels sprouts – peelings, stems and leaves | Kale |
| Cabbage | Romaine lettuce |
| Cauliflower leaves | Spinach |
| Chicory | Spring greens |
| Celery | Watercress |

Herbs:

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| Basil | Coriander |
| Chervil | Mint |
| Parsley | Rocket |

Tree Leaves and twigs

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| Apple | Willow |
| Pear | Hawthorn |
| Plum | Ash |

Byproducts from the vegetable garden:

Carrot tops
Tops from celeriac, beetroot, artichokes or other root vegetables
Sweetcorn plants
Pea plants
Strawberry, blackberry and raspberry leaves
Sunflower leaves

Wild plants:

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| Bramble (<i>Rubus fruticosus</i>) | Ground elder (<i>Aegopodium podagraria</i>) |
| Buckthorn (<i>Prunus spinosa</i>) | Groundsel (<i>Senecio vulgaris</i>) |
| Bindweed (<i>Calystegia sepium</i>) | Dock (<i>Rumex</i> spp.)- young leaves |
| Burnet (<i>Poterium sanguisorba</i>) | Herb Robert (<i>Geranium robertianum</i>) |
| Clover (<i>Trifolium</i>) | Plantain (<i>Plantago</i> spp.) |
| Cow parsnip (hogweed) (<i>Heracleum sphondylium</i>) | Knapweed (<i>Centaurea</i> spp.) |
| Comfrey (<i>Symphytum officinale</i>) | Mallow (<i>Malva</i> spp.) |
| Coltsfoot (<i>Tussilago farfara</i>) | Shepherd's purse (<i>Capsella bursa-pastoris</i>) |
| Cleavers (goosegrass) (<i>Galium aparine</i>) | Sow thistle (<i>Sonchus</i> spp.) |
| Chickweed (<i>Stellaria media</i>) | Vetches (<i>Vicia</i> spp.) |
| Dandelion (<i>Taraxacum</i>) | Wild chervil (<i>Anthriscus sylvestris</i>) |
| Yarrow (<i>Achillea millefolium</i>) | Willow Herb (<i>Epilobium</i> spp.) |